

DRAFT _ DRAFT _ DRAFT
Official Course Outline will be distributed at the Orientation

STUDENT DATA

Psychology 300 TeleWeb Spring 2008
Sat. 9:15-11:05 AM

DIRECTIONS: Please **PRINT** the following information and turn it in before you leave the Orientation Session.

THE STUDENT DATA SHEET IS PART OF THE REGISTRATION PROCESS FOR THIS CLASS. FAILURE TO SUBMIT THIS PAGE WILL RESULT IN YOU BEING DROPPED FROM THE CLASS.

Name _____ ID# _____
Last Name, First, Middle Initial

Address _____

City _____ State _____ ZIP _____ Your Age ____

E-Mail Address _____

Internet Service Provider _____

It is your responsibility to inform the professor of any change in postal or e-mail address.

Number of college units completed before this semester _____

Declared (or proposed) Major _____

List Previous Psychology Courses _____

List Previous Courses by Television _____

Are You attending other colleges? Yes ___ No ___ Which one(s) _____

Are you currently employed? Yes ___ No ___ Full-time ___ Part-time ___

Job Description _____

I have read and understand the **PSYCHOLOGY 300 COURSE OUTLINE & CONTRACT**, and will follow the guidelines presented therein. I also understand that the College Catalog, Student Code of Conduct, and Student Honor Code present other policies that regulate my attendance and participation at Sacramento City College.

Signature _____ Date _____

Personal Goals – Work Sheet

(300 words min., 15 pts. max.)

Last Name _____ First Name _____

Psy 300 TeleWeb

DIRECTIONS: If it suits your writing style, use this page as a Work Sheet where you can write a rough draft version of the essay described below. Submit the assignment to the professor by 11:55 PM Jan. 26, 2008 (Sat.). Send the completed essay by e-mail.

DO NOT SEND IT AS AN ATTACHMENT!

To: psy300@drdol.net

In the Subject line write: **Personal Goals.**

Points will be deducted for Late Papers.

Answer the following multiple-part question:

- ➊ What are your goals, plans, hopes and dreams for the next five years of your life?
- ➋ How does enrollment in this class fit into that scheme?

Note: Consult Blackboard for the latest details.

PSYCHOLOGY 300 COURSE OUTLINE & CONTRACT

General Principles - TeleWeb Course - Spring 2008

Sacramento City College

7 On-Campus Meetings: Sat. 9:15-11:05 AM - Learning Resource Center 105

See page 6 for specific dates and details.

TV Programs Broadcast on Comcast Ch. 16 - Tue. 9:05-10:05 PM

Frequent use of the Internet to interact with the class web site.

Videotapes can be viewed in S.C.C. Learning Resource Center

A limited number of rental tape/DVDs may be available. See page 7 for details.

Professor: Dr. Richard J. Dowdall

Mailbox in Behavioral & Social Sciences Division Office (Rodda North 226)

E-mail: psy300@drdol.net

Blackboard: <http://blackboard.losrios.edu/webapps/portal/frameset.jsp>

CATALOG DESCRIPTION:

PSYC 300 - General Principles (Formerly PSYC 1)

Advisory: *Eligibility for ENGRD 310 or ENGWR 100.*

General Education: AA/AS Area B2

Course Transferable to UC/CSU

54 hours LEC

This course introduces students to foundation principles and current trends in the field of psychology. Concepts that are explored include methods of psychological inquiry, the biological basis of behavior, motivation, perception, consciousness, learning and memory, personality, socialization, and mental illness. This course is designed for psychology majors and other students who desire a broad overview of the field.

TABLE OF CONTENTS:

	Page
How A <i>TeleWeb</i> Course Works.....	6
Required ON-CAMPUS Attendance.....	6
Course Materials.....	7
How To Be A <i>TeleWeb</i> Student.....	7
Course Responsibilities.....	7
Blackboard Discussion Boards.....	7
Class Schedule.....	8
Professor.....	14
Contacting The Professor.....	15
TV Programs	15
PROBLEMS With The Television Broadcasts.....	16
Chapter & Unit Review Quizzes Blackboard.....	16
Grade Insurance Quizzes Blackboard.....	16
Examinations.....	16
Written Assignments.....	17
TV Broadcast Schedule.....	18
Final Grades.....	19
Due Dates for Written Assignments.....	20
Quiz Availability.....	20
Problems With Blackboard.....	21
<i>Pay It Forward Fund</i>	21

HOW A TeleWeb COURSE WORKS:

You must be connected to Sacramento Comcast cable to view *Psychology: The Human Experience*, a Coast Learning Systems Telecourse. It will be broadcast on Comcast Ch. 16 on Tuesday from 9:05-10:05 PM. The TV Programs are available for viewing in the SCC Learning Resource Center (Instructional Media Desk), and there are rental tapes/DVDs available from the Distance Education Office. See Page 7 for details.

This Class Requires that you have an Internet Service provider (ISP). You should have the latest Internet browser with the necessary plug-ins that will allow you to access web features that use Shockwave and QuickTime as two examples. This software will allow you to access the class web site and any other destination on the World Wide Web.

This Class Requires the Use of a Computer to access the *password-protected class web site* at Los Rios Online/Blackboard. Computers are available for student use in the SCC Learning Resource Center and the Business Building. ARC, CRC, and FLC also have computers for enrolled student use.

Communication in this class is going to take place via e-mail. You will need to have e-mail software (Outlook Express, Eudora, etc.). Browser software can be used to access some e-mail servers. You can set up a free e-mail account through SCC *i Mail* (<https://imail.losrios.edu/>) **We will NOT use attachments in this class because of their many technical problems, including carrying viruses.**

Word Processing Skills. The written work in this class will require that you know how to operate word processing software. Microsoft Word is the Los Rios standard and is installed on all campus computers. You will be asked to compose and spell check all written work in a word processing program, copy it, and paste it into the text field of the e-mail response form. If you are a CONFIDENT WRITER and can COMPOSE on the computer screen, compose your response in the e-mail message window. A SIMPLE TEXT document could also be used to compose your response.

With a CD-ROM drive in your computer you can access the enrichment materials available on the *Psyk.trek* CD-ROM that is shrink-wrapped with new copies of the textbook. Used textbooks may not have the CD. Thanks to Brooks-Cole/Thomson Learning, there are several CDs at the Instructional Media Desk for use in the Learning Resource Center.

REQUIRED ON-CAMPUS ATTENDANCE:

ORIENTATION	Jan. 19, 2008 (Sat.)	9:15-11:05 AM.	Learning Resource Center 105 (LR105)
Unit 1 Review	Feb. 9 (Sat.)	9:15-11:05 AM	Learning Resource Center 105 (LR105)
Unit 2 Review	Mar. 1 (Sat.)	9:15-11:05 AM	Learning Resource Center 105 (LR105)
MID-TERM	Mar. 8 (Sat.)	9:15-11:05 AM	Learning Resource Center 105 (LR105)
Unit 3 Review	Apr. 5 (Sat.)	9:15-11:05 AM	Learning Resource Center 105 (LR105)
Unit 4 Review	May 3 (Sat.)	9:15-11:05 AM	Learning Resource Center 105 (LR105)
FINAL	May 10 (Sat.)	9:15-11:05 AM	Learning Resource Center 105 (LR105)

There are only seven (7) REQUIRED on campus meetings in this Teleweb class, as compared to 32 meetings for 3-unit twice-a-week classes that meet on campus. **RESERVE these dates, and mark them on your calendar or day planner and plan to attend.** If you do not attend these meetings you will not receive Attendance points. There are no make-ups or alternative assignments. You will also not be provided with the information presented at the Review session. Grade Insurance points may compensate for lost Attendance points.

Leaving the Review early will result in forfeiture of ALL Attendance and Grade Insurance Quiz points for that Review session.

COURSE MATERIALS:

Textbook (required)

Weiten, Wayne ***Psychology: Themes & Variations*** - Briefer Version (7th Edition), Pacific Grove: Wadsworth, a division of Thomson Learning, 2008.

Telecourse Programs (required): *Psychology: The Human Experience* – Broadcast on Comcast On Reserve in Learning Resource Center at the Instructional Media Desk (first floor)

***A limited number of rental tapes/DVDs are available in the Distance Education Office call 558-2361 and leave the name of the class, your name, address, Student ID #, and phone number. You will be called back.**

CD-ROM (recommended) *Psyk.trek: A Multimedia Introduction to Psychology*

Weiten, Wayne Pacific Grove: Brooks/Cole Publishing Company, a division of International Thomson Publishing. ***Psyk.trek*** is shrink-wrapped with new textbooks, and is also available for use in the LRC.

2 SCAN-TRON #884ES Answer Sheets

HOW TO BE A TeleWeb STUDENT:

Taking a *TeleWeb* course is different in many ways from the traditional college classroom course. While you do not need to attend class, there are still responsibilities and tasks that must be completed in a timely fashion.

If you were taking the course on campus you would be expected to spend three hours a week in class and approximately six to nine hours outside of class doing the required assignments. (3+6 = 9 hours a week).

For this *TeleWeb* course plan to spend about

2 hours a week preparing for, viewing, and responding to the Video Focus Questions (VFQ)

3 hours a week interacting with the class web site, conducting Internet Research, taking quizzes, reading and posting to the Discussion Board.

4 hours reading the text, preparing for quizzes and exams, preparing written assignments.

These are estimates. Students with well-developed reading, writing, and studying skills may spend less time

COURSE RESPONSIBILITIES:

You are responsible for:

- Notifying the professor of any change in U.S. Postal Service or e-mail address.
- Reading and studying the textbook.
- Viewing television programs and writing responses to the Video Focus Questions (VFQs).
- Completing other assignments in a timely manner.
- Responding to messages from the Professor.
- Sending your assignments - like VFQs.
- Maintaining your access to the Internet.

The Professor is responsible for:

- Planning the course and maintaining the class web site.
- Providing you with assistance in learning the course content.
- Making suggestions that will allow you to improve your study skills.
- Evaluating your knowledge of the course content.

BLACKBOARD - DISCUSSION BOARD (DB):

This Blackboard feature allows the class to communicate with each other and the professor. The DBs are organized into **Forums** with a variety of topics. Students can post their response as a **Thread** in the discussion. Anyone can reply to any post.

There will be two Forums open during the semester: Class Business (questions about assignments and course policies) and Course Content (questions about the content of the textbook and the TV programs). These DBs are for your convenience and they are not required or graded. There may be special focus DBs that will be required.

CLASS SCHEDULE: Consult the Blackboard Assignments page for the latest details!

Directions: To be prepared for the television programs, it is recommended that you read both the **Video Notes** and the **Video Focus Questions**

WHEN IN DOUBT, FOLLOW THE DIRECTIONS - Suggested weekly procedure.

Start with the Announcements then the weekly Assignments page.

Prepare for the TV program by reading the *Video Notes* and the *Video Focus Questions*.

View the TV program, make any notes necessary, write your answers to the VFQs, and submit with an e-mail. **NO ATTACHMENTS!**

Read the Learning Objectives for the chapter. You might want to print out that page for easy reference while you read the chapter.

Read the outline in the textbook, the Review, Key Terms and Key People at the end of the chapter.

Then read the chapter for details. Complete each Concept Check Box in the text.

How to Read a College Textbook may help some students. See Blackboard - Course Information.

Take the Practice Test at the end of the chapter. Are you comprehending the main ideas of the chapter?

Re-read any relevant section to clarify the concepts being presented.

Go to the Weiten textbook companion site and take the quiz for the chapter. Survey the other features of the Weiten site.

Go to Blackboard and take the Chapter and Grade Insurance Quiz (ONLY one attempt.)

Unit 1

Week 1 – Jan. 14-19, 2008

Orientation Session On-Campus Jan. 19 (Sat.) - Overview of the Class

See weekly Assignments page:

Read the Video Notes and the Video Focus Questions (VFQ) to prepare for TV Broadcast

Blackboard Assignment: Change your e-mail address. Click on Personal Information and follow the directions. **Complete this assignment by Jan. 26 (Sat.)**

Written Assignments:

1. **Student Data Sheet** 1st page of Course Outline

DUE: END OF ORIENTATION SESSION - Jan. 19 (Sat.).

2. **Personal Goals** - Write a 300 word essay describing your Personal Goals for the next five years and why you are taking Psychology 300 (See worksheet on page 3 of Course Outline).

Send it as an email - Subject: **Personal Goals**

DUE: Jan. 26 (Sat.)

CLASS SCHEDULE cont'd: Consult the Blackboard Assignments page for the latest details!

Week 2 – Jan. 21-26

DUE: Personal Goals Essay – Jan. 26 (Sat.) Submit an e-mail, Subject: Personal Goals & Change e-mail address at Blackboard by Jan. 26 (Sat.)

See weekly Assignments page:

Read the Video Notes and the Video Focus Questions (VFQ) to prepare for TV Broadcast.

TV Program: 1 - Why Study Human Behavior? (FYI)
2 - Research Methods in Psychology (repeat) (See **Video Notes & Video Focus Questions**)

Reading:

Themes & Variations:

Ch. 1 - The Evolution of Psychology (See **Learning Objectives**)

Please Note - Improving Academic Performance

Ch. 2 - The Research Enterprise in Psychology (See **Learning Objectives**)

Psyk.trek: (optional)

1b Experimental Method & Simulation 1 - Stroop Test

Blackboard Quiz:

Ch. 1 - The Evolution of Psychology & GIQ1

Ch. 2 - The Research Enterprise in Psychology & GIQ2

Written Assignment:

1. Written responses to Video Focus Questions.

See VFQ-2: Research Methods - See Week 2 Assignments

Week 3 - Jan. 28-Feb. 2

DUE: VFQ-2 Research Methods – Due by Feb. 2 (Sat.)

See weekly Assignments page:

Read the Video Notes and the Video Focus Questions (VFQ) to prepare for TV Broadcast.

TV Program: 4 - The Neuron and Neural Transmission (FYI)
3 - The Nervous System (See **Video Notes & Video Focus Questions**)

Reading:

Themes & Variations:

Ch. 3 - The Biological Bases of Behavior (See **Learning Objectives**)

Psyk.trek: (optional)

2a The Neuron and the neural impulse, 2b Synaptic transmission, 2c Looking inside the brain

2d The hindbrain and midbrain, 2e The forebrain: subcortical structures, 2f The cerebral cortex

2g Right brain/Left brain

Blackboard Quiz:

Ch. 3 - The Biological Bases of Behavior & GIQ3

Blackboard Quiz Unit 1 Review Quiz - Covers Ch. 1, 2, 3

Written Assignment:

1. Written responses to Video Focus Questions.

See VFQ-3: The Nervous System - See Week 3 Assignments

CLASS SCHEDULE cont'd: Consult the Blackboard Assignments page for the latest details!

Week 4 – Feb. 4-9 - Unit 1 Review On Campus

DUE: VFQ-3 The Nervous System - Due by Feb. 9 (Sat.)

TV Program: 5 - Sensation & Perception (FYI)
6 - Consciousness (FYI)

Read:

Themes & Variations:

Finish reading Ch. 1, 2, & 3.

Blackboard Quiz: Unit 1 Review - Covers Ch. 1, 2, 3

Unit 2

Week 5 – Feb. 11-16

TV Program: 7 - Learning: Classical & Operant Conditioning (See **Video Notes & VFQs**)
8 - Learning: Observational & Cognitive (FYI)

Read:

Themes & Variations:

Ch. 6 - Learning (See **Learning Obj.**)

Psyk.trek:

Unit 6 a-c, Simulation 5 - Memory

Blackboard Quiz

Ch. 6 – Learning & GIQ6

Written Assignments:

1. Written responses to Video Focus Questions
See VFQ-7: Learning: Classical and Operant Conditioning - See Week 5 Assignments
2. Work on Study Activity or Internet Research.

Week 6 – Feb. 18-23

DUE: VFQ-7 Learning – Due by Feb. 23 (Sat.)

TV Program: 9 - Memory (See **Video Notes & VFQs**)
10 - Language & Cognition (FYI)

Read:

Themes & Variations:

Ch. 7 - Human Memory (See **Learning Objectives**)

Psyk.trek: (optional) Unit 6: 6a-6c, Simulation 5 – Memory

Blackboard Quiz:

Ch. 7 Human Memory & GIQ7

Written Assignments:

1. Written responses to Video Focus Questions
See VFQ-9: Memory - See Week 6 Assignments
2. Work on Study Activity or Internet Research.

CLASS SCHEDULE cont'd: Consult the Blackboard Assignments page for the latest details!

Week 7 – Feb. 25-Mar. 1- Unit 2 Review On Campus

DUE: VFQ-9 Memory – Due by Mar. 1 (Sat.)

TV Program: 12 - Motivation (FYI)
13 - Emotion (See **Video Notes & Video Focus Questions**)

Read:

Themes & Variations:

Ch. 9 - Motivation and Emotion (See **Learning Objectives**)

Psyk.trek: (optional) Unit 8: 8a-8d

Blackboard Quiz:

Ch. 9 - Motivation & Emotion & GIQ9

Unit 2 Review Quiz – Covers Ch. 6, 7 & 9

Written Assignments:

1. Written responses to Video Focus Questions.
See VFQ-13: Emotions - See Week 7 Assignments
2. Complete Study Activity or Internet Research.

Week 8 – Mar. 3-8 Mid-Term Examination - On Campus for All Students

DUE: VFQ-13 Emotions – Due by Mar. 8 (Sat.)

DUE at Mid-Term: Study Activity or Internet Research #1

TV Program: 7 - Learning: Classical & Operant Conditioning (repeat)
8 - Learning: Observational & Cognitive (repeat)

MID-TERM EXAM - On-Campus for All Students

Dr. D's Top Picks from Ch. 1, 2, 3, 6, 7 & 9

Unit 3

Week 9 – Mar. 10-15

TV Program: 14 - Infant & Child Development (See **Video Notes & Video Focus Questions**)
15 - Adolescent & Adult Development (See **Video Notes & Video Focus Questions**)

Read:

Themes & Variations:

Ch. 10 - Human Development Across the Life Span (See **Learning Objectives**)

Psyk.trek: (optional) Unit 9: 9a-d

Blackboard Quiz:

Ch. 10 - Human Development Across the Life Span & GIQ10

Written Assignments:

1. Written responses to Video Focus Questions.
See VFQ-14: Infant & Child Development - See Week 9 Assignments
See VFQ-15: Adolescent & Adult Development - See Week 9 Assignments
2. Work on Study Activity or Internet Research.

CLASS SCHEDULE cont'd: Consult the Blackboard Assignments page for the latest details!

Mar. 17-23 - Spring Recess - NO On Campus Classes

DUE: VFQ-14 Infant & Child **and VFQ-15** Adolescent & Adult Development – Due by Mar. 22 (Sat.)

TV Program: 17 - Personality Theories (See **Video Notes & Video Focus Questions**)
18 - Personality Traits (FYI)

Read:

Themes & Variations:

Ch. 11 - Personality: Theory, Research, & Assessment (See **Learning Objectives**)

Psyk.trek: (optional) Unit 10: 10a-d

Blackboard Quiz:

Ch. 11 – Personality: Theory, Research, & Assessment & GIQ11

Written Assignments:

1. Written responses to Video Focus Questions
See VFQ-17: Personality Theories See Spring Recess Assignments
2. Work on Study Activity or Internet Research.

Week 10 – Mar. 24-29

DUE: VFQ-17 Personality Theories – Due by Mar. 29 (Sat.)

TV Program: 19 - Social Cognition (See **Video Notes & Video Focus Questions**)
20 - Attitudes (See **Video Notes & Video Focus Questions**)

Read:

Themes & Variations:

Ch. 15 - Social Behavior (See **Learning Objectives**)

Psyk.trek: (optional) Unit 12: 12a-d

Blackboard Quiz: Ch. 15 – Social Behavior & GIQ15

Blackboard Quiz: Unit 3 Review - covers Ch. 10, 11, &15

Written Assignments:

1. Written responses to Video Focus Questions. **See VFQ-19 & VFQ-20** - See Week 10 Assignments

Week 11 – Mar. 31-Apr. 5 - Unit 3 Review On Campus

DUE: VFQ-19 Social Cognition & **VFQ-20** Attitudes – Due by Apr. 5 (Sat.)

TV Program: 21 - Group Influences (See **Video Notes & Video Focus Questions**)
17 - Personality Theories (repeat)

Written Assignments:

1. Written responses to Video Focus Questions
See VFQ-21: Group Influence - See Week 11 Assignments
2. Work on Study Activity or Internet Research

CLASS SCHEDULE cont'd: Consult the Blackboard Assignments page for the latest details!

Unit 4

Week 12 – Apr. 7-12

DUE: VFQ-21 Group Influence – Due by Apr. 12 (Sat.)

TV Program: 22 - Stress, Health & Coping (See **Video Notes & Video Focus Questions**)
23 - Understanding Psychological Disorders, Part One (FYI)

Read:

Themes & Variations:

Ch. 12 - Stress, Coping and Health (See **Learning Objectives**)

Psyk.trek: (optional) Unit 11: 11 f&g

Blackboard Quiz:

Ch. 12 - Stress, Coping and Health & GIQ Ch. 12

Written Assignments:

1. Written responses to Video Focus Questions

See VFQ-22: Stress, Health & Coping - See Week 12 Assignments

Week 13 – Apr. 14-19

DUE: VFQ-22 Stress, Health & Coping – Due by Apr. 19 (Sat.)

TV Program: 24 - Understanding Psychological Disorders, Part Two (See **Video Notes**)
25 - Therapies

Read:

Themes & Variations:

Ch. 13 - Psychological Disorders (See **Learning Objectives**)

Psyk.trek: (optional) Unit 11: 11a-c

Blackboard Quiz:

Ch. 13 - Psychological Disorders & GIQ13

Ch. 14 - Treatment of Psychological Disorders & GIQ14

Week 14 – Apr. 21-26

TV Program: 22 - Stress, Health & Coping (repeat)
26 - Making Psychology Part of Your Life (FYI)

Read:

Themes & Variations:

Ch. 14 - Treatment of Psychological Disorders (See **Learning Objectives**)

Psyk.trek (optional) Unit 11: 11d & e

Blackboard Quiz: Unit 4 Review - covers Ch. 12, 13 & 14

CLASS SCHEDULE cont'd: Consult the Blackboard Assignments page for the latest details!

Week 15 – Apr. 28-May 3 - Unit 4 Review On Campus

DUE Unit 4 Review: Study Activity or Internet Research #2

Week 16 – May 5-10 - - Final Exam On-Campus for All Students

FINAL EXAMINATION - On-Campus for All Students – May 10, 2008 (Sat.)

Dr. D's Top Picks from Ch. 10-15

PROFESSOR:

Dr. Richard Dowdall retired from full-time teaching in May 2002 after teaching Psychology in the California community colleges for 36 years. During his 33 as a full-time Professor years at Sacramento City College he pioneered a number of new courses: Human Behavior, Abnormal Behavior, Life/Career Planning, Psychology of Aging, Understanding Cancer, Behavioral Biology, and Issues in Psychology.

Dr. Dowdall was a founding member of the SCC Experimental College in 1970, and has enjoyed team-teaching, and collaborative teaching environments through out his career. He pioneered live interactive television (ITV) classes from the ITV facilities at SCC during Fall 2001 and Spring 2002.

Dr. Dowdall is also a licensed (inactive) Marriage & Family Therapist and has conducted numerous workshops for professional and lay audiences on biofeedback, stress management, behavioral medicine, and the development of human potential. His current interests include Open Learning with TeleWeb courses, grandparenting, gardening, and digital photography.

Dr. Dowdall has written and produced a series of instructional videotapes presenting biofeedback training and stress management. It was his interest in educational television that attracted Dr. Dowdall to the Telecourse *Psychology: The Study of Human Behavior* in the Fall of 1990, to *The World of Abnormal Psychology* in 1992, and to *Psychology: The Human Experience* in Spring 2002.

CONTACTING THE PROFESSOR:

E-MAIL: All communication in this class will take place via e-mail. psy300@drdol.net

Put the following information in the **top left hand corner** of the main message window of **ALL e-mail communication:**

First and Last Name
Course Name and Number
Title of the Assignment (e.g., Personal Goals, VFQ-2, ClassBiz)

*****Very Important!** In the Subject window (text box, or line) put the exact wording given in the directions at Blackboard.

E.g., for the first set of Video Focus Questions you will be instructed to put:

VFQ-2 (with NO SPACES)

Not vfq #2, not VFQ-#2, not Video Questions #2, nor any other variation you may create.

For other e-mail messages to the professor put the words: **ClassBiz (with no spaces)** in the subject window.

In my e-mail sorting program messages are put into specific mailboxes, according to the Subject entry. If not, you are put in the general mailbox with all the SPAM – dreaded filthy stuff.

BE ON NOTICE:

IF YOU DO NOT PUT THE CORRECT INFORMATION IN THE SUBJECT WINDOW, YOUR MAIL WILL BE TRASHED WITH THE SPAM!

WEB SITE:

Los Rios Online:

<http://blackboard.losrios.edu/webapps/portal/frameset.jsp>

SCC Home Page:

<http://web.scc.losrios.edu/dowdalr>

U. S. POSTAL SERVICE (USPS) MAIL: Written correspondence can be sent to:

Richard J. Dowdall, Psy.D.
BSS / Psychology Department
Sacramento City College
3835 Freeport Boulevard
Sacramento, California 95822-1386

TV PROGRAMS:

You will view a professionally produced series of TV Programs. *Video Notes* will help you get prepared for the TV programs. You can view them when broadcast on Comcast Channel 16. (See Broadcast Schedule on page 18). These TV Programs are also available for viewing in the Learning Resource Center - first floor Instructional Media Desk. A limited number of rental tapes/DVDs may be available.

PROBLEMS WITH THE TELEVISION BROADCASTS:

The video taped television programs originate from the CSUS facilities. Occasionally the student help play the wrong program, or they forget to turn off the public radio audio fill between programs, etc. If there is a technical problem with the broadcasts call Jory Hadsell, Coordinator of Distance Education, at 558-2635 or hadselj@scc.losrios.edu.

PRACTICE QUIZZES – Weiten’s Companion Web Site:

There are quizzes that you can take for practice at the textbook web site. Take these quizzes before you take the quizzes at Blackboard. These quizzes DO NOT COUNT for points in the class. Please DO NOT send the results to the professor.

CHAPTER & UNIT REVIEW QUIZZES – BLACKBOARD

There are **Chapter Quizzes** at Blackboard. They consist of 10 questions randomly selected from a test bank, with a 15-minute time limit. **One attempt ONLY!** Each correct answer is worth 1 point. These points will be added into the course total.

At the end of each instructional unit there will be a **Unit Review Quiz** at Blackboard. The Unit Review Quizzes consist of 40 questions randomly drawn from the test bank with a 45-minute time limit. **One attempt ONLY.** Each correct answer is worth 1 point. These points will also be added into the course total.

GRADE INSURANCE QUIZZES – BLACKBOARD:

At Blackboard there are also Grade Insurance Quizzes (GIQs). Eight (8) randomly drawn questions from the test bank with a 10-minute time limit. Each correct answer will be worth 1/2 (.5) point. The points from these quizzes will be added to your personal point total, but will not be added into the total points used to construct the final grade distribution. Consider Grade Insurance points to be extra credit, or bonus points. Be sure to check availability dates on page 20 of this outline.

The following applies to all quizzes:

- **If you exceed the time limit for any Blackboard quiz, 2 points will be deducted for each minute or fraction thereof.**
- **See Quiz Availability Dates on page 20, and at Blackboard > Quizzes > Blackboard quiz Availability**

EXAMINATIONS - On Campus ONLY:

There will be two (2) examinations each worth 300 points. Both examinations will be given on campus in LR 105.

MID-TERM – Mar. 8 (Sat.)

FINAL – May 10 (Sat)

You will need one SCAN-TRON #884ES answer sheet and a writing implement for each exam. You can also use two (2) SCAN-TRON #882 answer sheets for each exam (total of 4). These materials can be purchased in the College Store, or at the Student Book Exchange. The instructor will hand score the answer sheet for immediate feedback on the accuracy of your answers.

You can bring one 8 1/2 x 11" sheet of Notes with writing on both sides to support your memory during each exam.

Explain your reasoning. You may take issue with any question by finding support for your answer in the textbook. This must be done in writing. You will need to indicate the question number, your answer, and the quote from the text (including page number) that supports your answer over the "keyed" correct answer. Submit this paper with your answer sheet and test booklet. You might also **re-write a question so that it is clearer**, less ambiguous, and is based upon information presented in the text or the television programs.

WRITTEN ASSIGNMENTS:

POINTS WILL BE DEDUCTED FOR LATE WRITTEN ASSIGNMENTS!

Minor Assignments. You will be required to complete a number of **Video Focus Questions** (VFQs) based on the television programs. See Class Schedule section, Due Dates for Written Assignments on page 20, or Assignments at Blackboard).

You will write several short-answer essays (approx. 50 words @) that answer the question. **Be sure you number your answers, and repeat the question.** Suggestion: To ensure your spelling and grammar are correct, type your essays in a word processor, copy and paste the essays into the text field below. Be sure to number your answers. You will be instructed how to address the e-mail at the Web Site. **Most important is the content of the Subject line.** E-mails will be automatically sorted based upon the Subject entry.

Major Assignments. Four hundred (400) points from this category will be included in the total points used to compute final grades. You can do 2 Study Activities or 2 Internet Research reports, or one of each.

STUDY ACTIVITIES: Suggestions for these enrichment activities can be found by clicking on Blackboard **Study Activities**. Some activities are autobiographical in nature and ask you to introspect about your thoughts and feelings, some require that you collect original observational data to test a hypothesis, some may require library-Internet research.

STYLE / FORM:

In the upper right-hand corner of the page you should TYPE or print your full name.

The title of the Study Activity should be written at the left margin of the page two lines below your identifying information, skip a space and begin the body of the document.

The Study Activity Reports should be typed (**double-spaced**), using upper and lower case letters. DO NOT use all capital letters! Legibly hand-written papers will be accepted if you skip every other line. Please, **NO** tear-out spiral notebook paper. Please, **NO COVERS!** Simply staple the paper in the upper left hand corner. A **minimum of 900 words** should give you some idea of the minimum length. Your efforts should be to apply and discuss course material, rather than generate a specific number of words. Each Study Activity is worth a maximum of **200 points**.

Evaluation & Grading Criteria for Study Activities:

Length (900 words min.)	10%
Mechanics (spelling, punctuation, grammar)	10%
Format (headings, indentation, spacing, margins, stapled top left, footnotes, references)	10%
Readability (organization, transition, minimize choppiness)	20%
Content (address topic, discussion, application of psychological principles, critical thinking)	50%
Total Possible	100%

INTERNET RESEARCH ASSIGNMENT: More details can be found at Blackboard: *External Links > Conducting Psychological Research on the Web.*

Conduct an Internet search for psychological information that is related to your Personal Goals, and produce a written report. The report is a discussion of what you were looking for, what you found, what you learned. You may attach no more than five (5) relevant web pages. Do not merely submit a ream of printed out web pages! **Most Important are Your Comments. (900 word min.) 200 points**

STYLE or FORM & Evaluation & Grading: Same as for the Study Activity.

Written Assignment #1 is DUE at the Mid-Term Exam - Mar. 8, 2008.

Written Assignment #2 is DUE at Unit 4 Review - May 3, 2008.

Los Rios Community Colleges
 Sacramento Educational Cable Consortium
Spring 2008 Air Schedule: Psychology 300
Comcast Channel 16

Week	Program No.	Titles:	Tuesday 9:05-10:05 PM
2	1	Why Study Human Behavior?	Jan. 22
	2	Research Methods in Psychology	
3	4	The Neuron and Neural Transmission	Jan. 29
	2	The Nervous System	
4	5	Sensation & Perception	Feb. 5
	6	Consciousness	
5	7	Learning: Classical & Operant Conditioning	Feb. 12
	8	Learning: Observational & Cognitive Approaches	
6	9	Memory	Feb. 19
	10	Language & Cognition	
7	12	Motivation	Feb. 26
	13	Emotion	
8	7	Learning: Classical & Operant Conditioning	Mar. 4
	8	Learning: Observational & Cognitive Approaches	
9	14	Infant & Child Development	Mar. 11
	15	Adolescent & Adult Development	
Spr. Brk.	17	Personality Theories	Mar. 18
	18	Personality Traits	
10	19	Social Cognition	Mar. 25
	20	Attitude	
11	21	Group Influences	Apr. 1
	17	Personality Theories (repeat)	
12	22	Stress, Health, & Coping	Apr. 8
	23	Understanding Psychological Disorders, Part One	
13	24	Understanding Psychological Disorders, Part Two	Apr. 15
	25	Therapies	
14	26	Making Psychology Part of Your Life (FYI)	Apr. 22
	22	Stress, Health, & Coping (repeat)	
15	11	Intelligence (FYI)	Apr. 29
	16	Gender & Sexuality (FYI)	
16	25	Therapies (repeat)	May 6
	26	Making Psychology Part of Your Life (FYI)	
17	23	Understanding Psychological Disorders, Part One (repeat)	May 13
	24	Understanding Psychological Disorders, Part Two (repeat)	

FINAL GRADES:

Final grades will be calculated by dividing the total points a student receives by the total points possible in the course. Grades will be assigned using the following percentages: **A = 90%; B = 80%; C = 60%; D = 50%; F = below 50%.** In the example below **POINT TOTALS ARE ESTIMATES ONLY.**

Use the spaces below to keep a record of your points: Pt. Est. Totals % of total

ATTENDANCE (@ 20 pts.)

Orientation _____ Review 1 _____ Review 2 _____
Review 3 _____ Review 4 _____ (100)= _____ (6.2 %)

EXAMS:

Mid Term _____ Final _____ (@ 300 pts.) (600)= _____ (36.9 %)

CHAPTER QUIZZES - BLACKBOARD:

Ch. 1 _____ Ch. 2 _____ Ch. 3 _____ Ch. 5 _____ Ch. 6 _____ Ch. 7 _____ Ch. 9 _____
Ch.10 _____ Ch.11 _____ Ch. 15 _____ Ch. 12 _____ Ch.13 _____ Ch.14 _____ (130)= _____ (8 %)

UNIT REVIEW QUIZZES - BLACKBOARD (@ 40 pts.):

Unit 1 _____ Unit 2 _____ Unit 3 _____ Unit 4 _____ (160)= _____ (9.8%)

MINOR WRITTEN ASSIGNMENTS:

Student Data Sheet _____ (10 pts.)
Change Blackboard E-mail Address _____ (10 pts.)
Personal Goals Essay _____ (15 pts.)
Course Evaluation (Blackboard) _____ (20 pts.)

Video Focus Questions (VFQs) (@ 15 pts.)
2 _____ 3 _____ 7 _____ 9 _____ 13 _____ 14 _____ 15 _____
17 _____ 19 _____ 20 _____ 21 _____ 22 _____ (235)= _____ (14.5 %)

MAJOR WRITTEN ASSIGNMENTS: (Maximum of 300 points)

Study Activity/Internet Research #1 _____ (@ 200 pts.)
Study Activity/Internet Research #2 _____ (@ 200 pts.) (400)= _____ (24.6 %)

GRADE INSURANCE QUIZZES – BLACKBOARD

GIQ1 _____ GIQ2 _____ GIQ3 _____
GIQ6 _____ GIQ7 _____ GIQ9 _____
GIQ10 _____ GIQ11 _____ GIQ15 _____
GIQ12 _____ GIQ13 _____ GIQ14 _____ = _____

GRAND TOTAL (1625) = _____

DUE DATES FOR WRITTEN ASSIGNMENTS: Consult the Assignments page for the latest details!

Personal Goals
Change e-mail address
Study Activity / Internet Research #1
Study Activity / Internet Research #2

DUE by 11:55 PM
Jan. 26, 2008
Jan. 26
Mar 8 - Mid Term
May 3 - Unit 4 Review

Video Focus Questions

VFQ-2 - Research Methods	Feb. 2
VFQ-3 - The Nervous System	Feb.9
VFQ-7 - Learning: Classical & Operant Conditioning	Feb. 23
VFQ-9 - Memory	Mar. 1
VFQ-13 - Emotions	Mar. 8
VFQ-14 - Infant & Child Development	Mar. 22
VFQ-15 - Adolescent & Adult Development	Mar. 22
VFQ-17 - Personality Theories	Mar. 29
VFQ-19 - Social Cognition	Apr. 5
VFQ-20 - Attitudes	Apr. 5
VFQ-21 - Group Influence	Apr. 12
VFQ-22 - Stress, Health & Coping	Apr. 19

BLACKBOARD QUIZ AVAILABILITY:

Ch. 1 - The Evolution of Psychology & GIQ1	Jan. 19-Feb. 2
Ch. 2 - The Research Enterprise in Psychology & GIQ2	Jan. 19-Feb. 2
Ch. 3 - The Biological Basis of Behavior & GIQ3	Jan. 19-Feb. 9

Unit 1 Review Quiz Jan. 19-Feb. 11 (Mon.)

Ch. 6 - Learning & GIQ6	Feb. 10-23
Ch. 7 - Human Memory & GIQ7	Feb. 10-23
Ch. 9 - Motivation & Emotion & GIQ9	Feb. 10-Mar. 1

Unit 2 Review Quiz Feb. 10-Mar. 3 (Mon.)

Mid Term Exam - On-Campus Mar. 8 - 9:15 AM

Ch.10 - Human Development Across the Life Span & GIQ10	Mar. 9-23
Ch.11 - Personality: Theory, Research & Assessment & GIQ11	Mar. 9-23
Ch.15 - Social Behavior & GIQ15	Mar. 9-29

Unit 3 Review Quiz Mar. 9-Apr. 7 (Mon.)

Ch.12 - Stress, Coping & Health & GIQ12	Apr. 6-19
Ch.13 - Psychological Disorders & GIQ13	Apr. 6-19
Ch.14 - Treatment of Psychological Disorders & GIQ14	Apr. 6-26

Unit 4 Review Quiz Apr. 6-May 5 (Mon.)

Final Exam - On-Campus May 10 - 9:15 AM

PROBLEMS WITH BLACKBOARD:

If you experience problems accessing Los Rios Online/Blackboard, please use the following suggestions for HELP!

Blackboard Resources for Users

(http://blackboard.losrios.edu/webapps/portal/frameset.jsp?tab_id=_10_1)

This site offers tips for first time users of the Los Rios Online learning environment. Feel free to explore these pages to help you get comfortable with LRO.

Contact the Blackboard Help Desk

(http://blackboard.losrios.edu/webapps/portal/frameset.jsp?tab_id=_10_1)

If you are experiencing difficulty, check out the online help desk options here.

Contact SCC Distance Education Office

You may also contact Jory Hadsell, Coordinator of Distance Education, at 558-2635 or hadselj@scc.losrios.edu.

Pay It Forward Fund

In the movie ***Pay It Forward*** "Young Trevor McKinney ([Haley Joel Osment](#)) responds to an assignment from his teacher ([Kevin Spacey](#)) with a plan to help three people...who will help three more, and so on, in an ever-widening circle." (Netflix)

Despite the materials list for the class, many students come to the Mid Term and the Final Examinations without SCAN-TRON answer sheets. There used to be a big commotion as unprepared students disturbed the students already taking the exam to ask if they can borrow an answer sheet.

In this class, no student will be without an answer sheet for the Mid Term Examination, because of the *Pay It Forward Fund*. Answer sheets in the *Fund*, have been provided by students in previous classes who borrowed answer sheets from the Fund.

Here's the deal for the Mid Term: You borrow one (1) SCAN-TRON #884ES, you pay back the one answer sheet you borrowed, plus you *Pay Forward* one additional #884E answer sheet **at the Unit 3 Review**. If you borrow two (2) SCAN-TRON #882 answer sheets, you pay back two (2) #882 answer sheets, plus you *Pay Forward* another two (2) #882 answer sheets for a total of four (4) #882 answer sheets.

Because the **Final Exam** is the last event in the class, you will need to come to the exam with the appropriate answer sheet. If you have to borrow an answer sheet from the *Fund*, there will be a 50-point deduction from the Final Exam score.

If you fail to pay back the *Fund*, 50 points will be deducted from your course total for each answer sheet you owed to the *Fund* and failed to pay back, or pay *forward*.

Donations of SCAN-TRON #884ES and #882 answer sheets will be gratefully accepted.