

**Sacramento City College  
FLEX ATTENDANCE RECORD - Spring, 2009  
Due April 15, 2009**

Name \_\_\_\_\_

Division/Department \_\_\_\_\_

Phone \_\_\_\_\_

**Spring, 2009 Flex Obligation**

**Full-Time Faculty**

Flex Obligation per TCS:

Thursday = 6

Friday = 6

Overload = \_\_\_\_\_

Total Obligation = \_\_\_\_\_

**Adjunct Faculty**

Please look at your TCS for your Flex obligation and enter number of hours in space below.

Total Obligation = \_\_\_\_\_

| <b>Spring, 2009 Flex Program Activities</b> |  |       |
|---|--|-------|
| DATE  | Please list activities you attended. (Friday, January 16, 2009 is a mandatory Flex day for full-time faculty.) | Hours |
|   |  |       |
|   |  |       |
|   |  |       |
|   |  |       |
|   |  |       |

| <b>Staff Resource Center Spring, 2009 Workshops</b> |  |       |
|---|--|-------|
| DATE  | When attended outside your regular work day, SRC Workshops can be used to fulfill a Flex Obligation. | Hours |
|   |  |       |
|   |  |       |
|   |  |       |
|   |  |       |
|   |  |       |

| <b>Individual Professional Development Activities</b> |   |       |
|---|---|-------|
| DATE  | A description of each activity is required. Use the space provided below to list activity. On the back of this form (or page 2 of web version) describe the activity and how it contributes to your professional development. | Hours |
|   |   |       |
|   |   |       |
|   |   |       |
|   |   |       |
|   |   |       |

By signing below, I certify that I have completed or will complete, all of the professional development activities listed above.

Faculty Member \_\_\_\_\_ Employee ID \_\_\_\_\_ Date \_\_\_\_\_

**Please turn this form in to your Division Office not later than April 15, 2009, and make a copy for your files. Your Division keeps records of your Flex attendance. Any questions should be referred to your Dean.**

Dean's Signature \_\_\_\_\_ Date \_\_\_\_\_

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**Phone**

**INDIVIDUAL PROFESSIONAL DEVELOPMENT ACTIVITIES**

**CRITERIA**

An appropriate Individual Professional Development Activity (IPDA) is above and beyond normal faculty duties and responsibilities as outlined in Board Policy and collective bargaining agreements.

An appropriate IPDA should address an instructional improvement need. Examples include the following:

- An activity which normally is not done because it is difficult to find the time, or the equipment, or to get people together.
- An activity which addresses some critical assignment-related need such as subject matter updating, new teaching methods, revision of classroom materials, or major curriculum review.
- Other critical assignment-related needs might include development of new matriculation or retention strategies, or articulation with other Departments on campus or with transfer institutions.
- An activity which fosters professional growth through participation in, or attendance at, conferences, workshops, research publishing, or advising students or faculty.

**Note to Full-time Faculty**

By the end of the academic year, your "Total Flex Hours Completed" should be equal to, or greater than, "Your Flex Obligation."

**Note to Adjunct Faculty**

You must complete your Flex Obligation within the semester you are obligated.

**DESCRIPTIONS**

Please provide a description of each IPDA that you listed on the Flex Attendance Record. Attach supporting documentation if you wish.

**Individual Professional Development Activity (IPDA) #1**

How does this activity contribute to your professional development?

Please have your Department Chair or colleague sign below before submitting this form to your Division Dean. The State requires that there be faculty agreement or approval of all activities performed in-lieu of Flex Program attendance.

Faculty or Department Chair's Signature

Date

Number of IPDA Hours Approved